



Significance can be defined as the quality of being worthy of attention or importance. All that mattered to the man Christ Jesus was to do His Father's will. Jesus is the source of significance. Just as holiness is a process of becoming like Jesus, where we derive our significance is a journey we also must take. We cannot walk in holiness if we don't first

understand our position in Christ. As a born again believer, you are the complete package, complete in Him!

Significance: Part 2

1. About Being Complete

- As born again believers, we are complete in Jesus!
- Positionally, I am complete. Practically, I continue to become.
- Our **position** in Christ (*who we are*) is what propels our **purpose** (*what we do.*) Our **passion** then constantly renews *our purpose*.

2. About Relationships

- Adam had a relationship with God before he had one with Eve.
- Adam learned to relate to Eve – only after he had learned to relate to God.

3. About Rejection

- Minimizing Rejection

- 1.
- 2.

4. The Approval Addiction

- False Belief
- Worldly Value: Performance + Other's Opinion = Significance/Worth
- The Truth: God's Word = Significance

- How do you react to the fear of rejection?

Action	Results
Cool exterior	Never develop deep, satisfying relationships
Fearful	Withdraw and decline almost everything
Continually say yes to everyone	Hoping to gain their approval, resentful
Shy and easily manipulated	Bitter
Sensitive	React defensively

- **How do you know you are indeed fearful of rejection?**

Fear of Rejection Symptoms:

- Anger, Resentment, Hostility
- Easily manipulated
- Codependency
- Avoid people
- Control
- Depression
- Repeating of negative messages
- Hypersensitivity to the opinions of others
- Hyposensitivity

- **What are the effects of the fear of rejection?**

1. Rejection is a type of communication.
2. Damaging result of rejection: isolation.

5. God Based Values

- 1 Peter 1:18-20
- Genesis 1:27
- Psalm 8:3-8
- Psalm 139:13-18
- Matthew 10:29-31
- Romans 8:15

FEAR OF REJECTION TEST

Read each of the following statements; then, from the top of the test, choose the term that best describes your response. Put the number above that term in the blank beside each statement.

1	2	3	4	5	6	7
Always	Very Often	Often	Sometimes	Seldom	Very Seldom	Never

1. ____ I avoid certain people.
2. ____ When I sense that someone might reject me, I become nervous and anxious.
3. ____ I am uncomfortable around those who are different from me.
4. ____ It bothers me when someone is unfriendly to me.
5. ____ I am basically shy and unsocial.
6. ____ I am critical of others.
7. ____ I find myself trying to impress others.
8. ____ I become depressed when someone criticizes me.
9. ____ I always try to determine what people think of me.
10. ____ I don't understand people and what motivates them.

Total (Add up the numbers you have placed in the blanks.) If your score is:

57—70: God has apparently given you a very strong appreciation for His love and unconditional acceptance. You seem to be freed from the fear of rejection that plagues most people. (Some people who score this high either are greatly deceived or have become callous to their emotions as a way to suppress pain.)

47—56: The fear of rejection controls your responses rarely or only in certain situations. Again, the only major exceptions are those who are not honest with themselves.

37—46: When you experience emotional problems, they may relate to a sense of rejection. Upon reflection, you will probably relate many of your previous decisions to this fear. Many of your future decisions will also be affected by the fear of rejection unless you take direct action to overcome it.

27—36: The fear of rejection forms a general backdrop to your life. There are probably few days that you are not affected in some way by this fear. Unfortunately, this robs you of the joy and peace your salvation is meant to bring.

0—26: Experiences of rejection dominate your memory and have probably resulted in a great deal of depression. These problems will remain until some definitive action is taken. In other words, this condition will not simply disappear; time alone cannot heal your pain. You experience deep healing in your self-concept, in your relation-with God, and in your relationships with others.

The Search for Significance by Robert S. McGee